

# Assess Your Covid-19 Risk Level & Act Accordingly

Summary of the Center for Disease Control and Prevention's "Implementing Safety Practices for Critical Infrastructure Workers Who May Have Had Exposure to a Person with Suspected or Confirmed COVID-19": <https://www.cdc.gov/coronavirus/2019-ncov/community/critical-workers/implementing-safety-practices.html> and "Public Health Recommendations for Community-Related Exposure to Coronavirus Disease 2019 (COVID-19)": <https://www.cdc.gov/coronavirus/2019-ncov/php/public-health-recommendations.html>

	Person	Exposure To	Actions	Site Access Restored	Notification Required
Known Risk	Visitor with COVID-19 positive test result		Self isolate at home	<b>If visitor has had symptoms</b> , return to site after fever free for 72 hours without use of fever-reducing medicines AND improvement in symptoms AND 14 days since symptoms first appeared. <b>If visitor has had no symptoms prior to or after testing</b> , return to site 14 days after date positive test result was received .	Contact Safety Director Jessie Cassidy at <a href="mailto:jessie.cassidy@fibrebond.com">jessie.cassidy@fibrebond.com</a> , 318-371-6134 (office) or 318-532-3110 (cell)
	Visitor with a clinically compatible illness (fever, cough, shortness of breath) not yet tested for COVID-19		Self isolate at home and seek medical evaluation for testing	<b>If COVID-19 test results are positive</b> , return to site after 72 hours fever free without use of fever-reducing medicines AND improvement in symptoms AND 14 days since symptoms first appeared. <b>If COVID-19 test results are negative</b> , return to site upon receipt of test results AND fever-free for 48 hours without use of fever-reducing medicines.	Contact Safety Director Jessie Cassidy at <a href="mailto:jessie.cassidy@fibrebond.com">jessie.cassidy@fibrebond.com</a> , 318-371-6134 (office) or 318-532-3110 (cell)
Increased Risk	Household member  Intimate partner  Providing care in a household without using recommended infection control precautions  Close contact (<6 feet) for a prolonged period of time	Person with symptomatic COVID-19 (positive test result or clinically compatible illness) during period from 48 hours before symptoms onset until person meets criteria for discontinuing home isolation.	Self monitor for symptoms  Wear a facial covering for 14 days after last exposure  Avoid contact with people at higher risk for severe illness unless they live in the same home and had the same exposure  Seek medical evaluation if symptoms develop	For visitors with no symptoms, return to site with continued daily temporal scans prior to site entry, continued social distancing (>6 feet) and wearing of facial covering at ALL times for 14 days since last exposure. Visitor must report any onset of symptoms immediately to Safety Director Jessie Cassidy and refer to directives above for KNOWN risk visitors.	Contact Safety Director Jessie Cassidy at <a href="mailto:jessie.cassidy@fibrebond.com">jessie.cassidy@fibrebond.com</a> , 318-371-6134 (office) or 318-532-3110 (cell) to report any changes to health status during this period, including COVID-19 testing and results
Unknown Risk	All other visitors	Possible unrecognized COVID-19 exposures	Be alert for symptoms  Practice social distancing (>6 feet) at all times  Seek medical evaluation if symptoms develop		